

# Display Screen Equipment (DSE)



A poor workstation set up can be hazardous to the individual, increasing the risk of injuries and ill-health. This DSE awareness course aims to support employees to understand how to complete a DSE assessment of their work station and improve their working environment.

This course explores DSE regulations, best practice, the benefits of supported postures and ergonomic work stations. This will minimise the risk of potential health issues and improve comfort whilst at work.

## This course focuses on:

- DSE regulations and employer/employee responsibilities
- How to complete a DSE assessment
- Setting up an ergonomic workstation
- Improving posture and reducing fatigue.

## Continuing professional development (CPD) :

Continuing professional development (CPD). All of our courses are certified by the CPD certification service.

## We offer formal accreditation:

Open College Network West Midlands is a national awarding organisation, regulated by Ofqual and the Quality Assurance Agency for Higher Education (QAA). Additional costs will apply.

**For further information, please visit: [www.communitygrouptraining.co.uk](http://www.communitygrouptraining.co.uk) or email [info@communitygrouptraining.co.uk](mailto:info@communitygrouptraining.co.uk)**